

# This Is **Your Year.** Make It Fit.

No Enrollment Fee With Code: **YOURYEAR**

 **11,900+ Gyms**

 **9,000+ On-Demand Videos**

**A fitness program with no annual fees and no long-term contracts. Switch gyms anytime.**



## Plus:

- Membership options for your spouse<sup>1</sup>
- **5,600+ Premium Gym Options<sup>2</sup>** at exercise studios, outdoor experiences, and others with 20% – 70% discounts at most locations

**Act Now!** Monthly fees for January – March are **\$25/mo.**, plus we'll waive your enrollment fee. Price increases to **\$28/mo.** on April 1, 2023.<sup>3</sup>

**Get Started:** <http://mycigna.com> > Wellness > Exercise

<sup>1</sup> Add a spouse/domestic partner to a primary membership for additional monthly fees. Spouses/domestic partners must be 18 years or older. Fees may vary based on fitness center selection.

<sup>2</sup> Costs for premium exercise studios exceed \$25/mo. and an enrollment fee will apply for each premium location selected, plus applicable taxes. Fees vary based on premium fitness studios selected.

<sup>3</sup> Plus applicable taxes for standard gyms. \$25 enrollment fee waived for standard gyms only 1/1/23 12:01 a.m. – 3/31/23 11:59 p.m. PT. Fees increase to \$28/mo. plus applicable taxes effective 4/1/23. When you enroll, you'll pay the first and second months' fee. If you enroll in March, you'll pay \$25 for March and \$28 for April at the time of purchase. Ongoing monthly fees are paid one month in advance, e.g. June membership fees will be charged in May.